



Desserts & Pastries

Pastries & Cookies

Muffins <i>Assorted</i>	3.49
Danish <i>Assorted</i>	3.49
Scones	3.49
Brownies	3.49
Croissants	3.49
Pound Cake	3.49
Coffee Cake	3.49
Crumb Cake	3.49
Cookies <i>Assorted</i>	3.49

Parfait & Pudding

Yogurt Parfait	4.95
<i>Plain, Strawberry, Blueberry</i>	
Chocolate Pudding	4.95
Rice Pudding	4.95
Mixed Fruit Cup	4.95

Desserts

Eclairs	3.99
Cannolis	3.99
Napoleans	3.99
Cupcakes	3.99
Fruit Tarts	3.99
Macaroons	(1) 2.25 (3) 5.95



Desserts & Pastries

Cakes

Tiramisu	6.95
Red Velvet	6.95
Oreo Mousse	6.95
Carrot Cake	6.95
German Chocolate	6.95
Chocolate Fudge	6.95
Lemon Coconut	6.95
Cheesecakes	6.95
<i>Plain, Chocolate, Marble, Strawberry</i>	

Gelato Glass

Coppa Cafe	7.95
Coppa Isabel	7.95
Coppa Pistachio	7.95
Coppa Spagnola	7.95
Coppa Stracciatella	7.95
Coppa Yogurt & Berries	7.95
Coppa Strawberries & Caramel	7.95
Guava Mango	7.95
Hazelnut Chocolate	7.95
Limoncello	7.95
Dessert Cups	<i>Assorted</i> 4.95
Ben & Jerry's - Haagen Dazs	9.95





Iced & Cold Brew

Nitro & Cold Brew Coffee

- Cafe Nitro Med 4.99 Lrg 5.49
- Flavored Nitro Cafe Med 5.49 Lrg 5.89
- Cold Brew Med 4.99 Lrg 5.49
- Flavored Cold Brew Med 5.35 Lrg 5.79

Iced Drinks

- Iced Latte Med 4.99 Lrg 5.49
- Flavored Latte Med 5.49 Lrg 5.89
- Cappuccino Med 4.99 Lrg 5.49
- Flavored Cappuccino Med 5.49 Lrg 5.89
- Mocha Coffee Med 5.49 Lrg 5.99
- Macchiato Med 5.49 Lrg 5.99
- Chai Latte Med 5.49 Lrg 5.99
- Matcha Green Latte Med 5.49 Lrg 5.99

Flavors: Vanilla, Hazelnut, Caramel, Pumpkin Spice,
Peanut Butter, Raspberry, Tiramisu, Dulche de Leche
& Much More



Iced Tea & Refreshers



Iced Tea Med 4.49 Lrg 5.49

- Wild Berry Hibiscus Tea
- Raspberry Iced Tea
- Orchard Peach Black Tea
- Jasmine Organic Green Tea
- Classic Black Tea

Wild Refreshers Med 5.49 Lrg 5.99

- Strawberry Acai Refresher
- Mango Dragon Fruit Refresher
- Berry Berry Hibiscus Refresher
- Pineapple Passion Fruit Lemonade

Iced Coffee

- Dark Roast Med 3.49 Lrg 3.99
- Flavored Coffee Med 3.99 Lrg 4.49

Vanilla, Hazelnut, Caramel, Raspberry
Pumpkin Spice, Peanut Butter,

- Frappes Med 5.49 Lrg 5.99
- Mocha, Vanilla, Peanut Butter
- Caramel Crunch, Berry Blast
- Spiced Chai, White Chocolate
- Java Chip & Much More!





Hot Coffee Bar

Hot Drip Coffee

Sm 2.49 Med 2.79 Lrg 2.99

Medium Roast, Dark Roast

Flavored Coffee

Sm 2.85 Med 3.19 Lrg 3.49

French Vanilla, Hazelnut

Caramel, Cinnamon

Seasonal (Will Vary)

Pumpkin Spice, Peanut Butter, Tiramisu,
Marshmallow - Available in Sugar Free

Organic Hot Tea Med 2.79 Lrg 2.99

Green Tea, Chamomile Medley,
Earl Gray, English Breakfast,
Peppermint, Lemon Singer

Specialty Teas 4.49

Chai Latte, Blueberry Hibiscus,
Black Lemon, Matcha Green,
Turmeric Ginger, Jasmine

Hot Chocolate Med 3.49 Lrg 4.49

Hot Steamed Chocolate



Hot Espresso Bar



Cafe Latte Sm 3.99 Med 4.49 Lrg 4.99

Flavored Latte Sm 4.35 Med 4.70 Lrg 5.35

Cappuccino Sm 4.35 Med 4.70 Lrg 5.35

Flavored Cappuccino Sm 4.35 Med 4.70 Lrg 5.35

Mocha Coffee. Sm 4.35 Med 4.70 Lrg 5.35

Macchiato Sm 4.35 Med 4.70 Lrg 5.35

Americano Sm 3.49 Med 3.99 Lrg 4.49

Chai Latte Sm 4.35 Med 4.70 Lrg 5.35

Matcha Green Latte . Sm 4.35 Med 4.70 Lrg 5.35

Single Shot Espresso 2.49

Double Shot. 3.99

Flavors: Vanilla, Hazelnut, Caramel, Pumpkin Spice,
Peanut Butter, Tiramisu, Dulche de Leche & Much More

Dairy Options: Almond, Oat, Soy or Coconut Add 50¢





Fresh Juices

- 1. **Fresh Orange** Reg **5.95** Lrg **6.95**
- 2. **Fresh Carrot Juice**. Reg **5.95** Lrg **6.95**
- 3. **Hulk** Celery, Kale, Cucumber, ,Reg **7.95** Lrg **9.95**
Parsley, Spinach, Himalayan Salt
- 4. **Vitamin Punch** Apples, Beets, Carrots,Reg **7.95** Lrg **9.95**
Grapefruit, Ginger, Lemon, Pineapple
- 5. **Mother's Nature** Celery, Kale, Parsley, Cucumber Reg **8.95** Lrg **10.95**
Pear, Ginger, Spinach, Pineapple, Lemon
- 6. **Liquid Gold** Orange, Pineapple, Ginger, Turmeric . . .Reg **7.95** Lrg **9.95**
- 7. **Gratitude** Apple, Pineapple, Kale, Lemon, Ginger. . .Reg **7.95** Lrg **9.95**

Smoothies **\$7⁹⁵** Reg **\$8⁹⁵** Large



- 1. **Strawberry on 51st** Strawberry, Banana, Apple Juice
- 2. **Berry Me Good** Blueberry, Strawberry, Banana, Apple Juice
- 3. **Tropical Blitz** Pineapple, Banana, Mango, Strawberry, Orange Juice
- 4. **Mango Madness** Mango, Strawberry, Pineapple, Orange Juice
- 5. **Tropical** Mango, Banana, Pineapple, Blueberry, Coconut Water
- 6. **Pina Colada** Coconut Milk, Almond Milk, Pineapple, Banana, Honey

Protein Shakes **\$9⁹⁵**



- 1. **Super Berries** Strawberry, Protein, Flaxseed, Blueberry, Strawberry, Banana, Almond Milk
- 2. **Super Protein** Vanilla Protein, Peanut Butter, Hemp, Granols, Raw Almonds, Banana, Soy Milk
- 3. **Wake Me Up** Shot of Espresso, Raw Cocoa, Almond Butter, Banana, Chocolate Protein, Almond Milk
- 4. **Simply Protein** Vanilla Protein, Peanut Butter, Banana, Soy Milk

Acai Bowls **\$10⁹⁵**



- 1. **Classic Acai Bowl** Pure Acai Topped w/Sliced Banana, Granola, Fresh Berries, Sliced Banana & Drizzle of Honey
- 2. **Tropical Bliss Bowl** Blended Acai Topped w/Banana, Mango, Pineapple & Toasted Coconut Flakes
- 3. **Nutty Crunch Bowl** Acai w/Almond Butter, Almond Milk Topped w/Chopped Almonds, Crunchy Granola & Banana w/Honey & Dark Chocolate Chips
- 4. **Green Acai Bowl** Blended Acai w/ Kale, Spinach & Topped w/Banana Sliced Kiwi, Green Apple, Pumpkin Seeds & Drizzle of Coconut Flakes
- 5. **Berry Power Bowl** Blend Acai w/Mix of Berries - Strawberry, Blueberries, Raspberries w/Greek Yogurt Topped w/Granola, Fresh Compote & Greek Yogurt
- 6. **Nutella Bonaza** Pure Acai Topped w/Strawberries, Banana, Granola & Nutella w/Toasted Coconut Flakes
- 7. **Matcha Man** Pure Acai, Matcha Tea, Strawberry, Banana, Blueberry, Almond Milk & Greek Yogurt Topped w/Strawberry, Raspberry, Banana w/Drizzle of Honey & Coconut Flakes



Bagels & More



- Bagel** w/Butter. **1.99**
- Bagel** w/Butter & Jelly. **2.99**
- Bagel** w/Cream Cheese **3.49**
- Bagel** w/Scallion Cream Cheese . . **3.99**
- Bagel** w/Veggie Cream Cheese. . . **3.99**
- Bagel** w/Lox & Cream Cheese . . **10.95**
- Bagel** w/Peanut Butter & Jelly . . . **3.95**
- Bagel** w/Cream Cheese & Bacon. . **5.99**
- Bagel Gone Bananas** **6.95**
w/Peanut Butter, Honey & Banana



Pancakes

Served w/Real Butter & Pure Natural Syrup

- Fluffy Pancakes** **7.95**
- Pancakes & Eggs** **8.95**
- Pancakes** **10.95**
w/Eggs, Bacon or Ham or Sausage
& Hash Browns



Belgium Waffles

Served w/Real Butter & Pure Natural Syrup



- Plain Waffles** **5.95**
Drizzled w/Honey or Chocolate Syrup & Whip Cream
- Fruity Waffles** **7.95**
w/Strawberry, Blueberry, Banana Topped
w/Whip Cream & Drizzled w/Pancake Syrup
- Nutella Waffles** **6.95**
Topped w/Nutella, Chocolate & Whip Cream
- Oh Sweet Waffles** **8.95**
Topped w/Acai or Coconut or Pitaya, Frozen Fruit
or Vanilla Gelato & Drizzled w/Chocolate Syrup
- Waffles & Eggs** **7.95**
- Waffles** w/Eggs, Cheese & Bacon . . **9.95**
or Ham or Sausage Extra Protein



French Toast

Served w/Real Butter & Pure Natural Syrup

- French Toast** **6.95**
- French Toast & Eggs**. **8.95**
- Fruity French Toast** Topped w/Fresh **8.95**
Strawberries, Blueberries Banana, w/Whip Cream & Drizzled
w/Syrup or Honey - Add \$2.00 for Extra Protein

Breakfast Sandwiches

Breakfast Served from 6 -11am - Extra Charge After 11
 All Served on Roll or Bagel
 Hero 1.00 Extra Croissant 2.00 Extra

- Egg & Cheese 4.49**
- Bacon, Egg & Cheese 5.95**
- Sausage, Egg & Cheese 5.95**
- Turkey Bacon, Egg & Cheese 6.99**
- Eggs Whites, Turkey & Cheese 6.99**
- Western Omelette Sandwich .6.99**
- BLT. 5.99**
- Grilled Cheese .4.99 w/Ham or Bacon 5.99**
- Steak, Egg & Cheese. 8.49**



1.00 Extra on Brioche Roll, Sourdough, Ciabatta,
 French Roll, or Pumpernickel



Breakfast Platters & Wraps



Platters Served w/Home Fries
 or Hash Browns & Toast

	Wrap	Platter
Western Omelette	6.95	8.95
<i>w/Scrambled Eggs, Ham, Bell Peppers, Onions</i>		
Healthy Choice Omelette	7.95	9.95
<i>w/Egg Whites, Turkey, Cheese, Veggies & Tomato</i>		
California Omelette	7.95	9.95
<i>w/Scrambled Eggs, Mushrooms, Bell Peppers, Tomato, Avocado, Cheddar Cheese</i>		
Monterey Omelette	7.95	9.95
<i>w/Scrambled Eggs, Bacon, Avocado, Pepper Jack Cheese</i>		
Santa Fe Omelette.	7.95	9.95
<i>w/Scrambled Eggs, Cheddar, Onions, Peppers, Cilantro & Salsa</i>		



Wraps \$9⁹⁵

*Choice of Plain, Wheat, Spinach, Sun-Dried Tomato
Served w/Pickles & Chips*

- 1. Tonnelle Wrap** *Grilled Chicken, Grilled Peppers, Eggplant, Zucchini, Balsamic Vinaigrette w/Sun-Dried Tomato & Jack Cheese*
- 2. California Turkey Wrap** *Sliced Grilled Turkey, Avocado, Lettuce, Roasted Peppers, Sour Cream*
- 3. Hudson Wrap** *Tuna Salad, Shredded Carrot, Red Onion, Virgin Olive Oil, Lettuce on a Spinach Wrap*
- 4. Lincoln Wrap** *Roast Beef, Turkey, Swiss, American Cheese, Lettuce, Tomato, Mayo*
- 5. Fajita wrap** *Grilled Chicken, Roasted Peppers, Caramelized Onions, Cheddar Cheese, Spicy Salsa*
- 6. Honey Bunny Wrap** *Honey Turkey, Swiss, Lettuce, Honey Mustard, Tomato*
- 7. Arizona Wrap** *Chicken Cutlet, Jack Cheese, Jalapeno, Lettuce, Tomato, Chipotle Mayo*
- 8. Vegetarian Wrap** *Hummus, Grilled Veggies, Fresh Mozzarella on a Spinach Wrap*



Paninis \$10⁹⁵

Served w/Pickles & Chips



- P1. Cuban** *Roasted Tukey, Ham, Swiss, Pickles & Mustard*
- P2. Tuna Melt** *Fresh Tuna, Cheddar Cheese, Lettuce, Tomato*
- P3. Mexican Chipotle** *Chicken Cutlet, Pepper Jack Cheese, Jalapeno, Avocado, Chipolte Mayo*
- P4. Chicken Fajita** *Grilled Chicken, Roasted Peppers, Caramalized Onions, Cheddar Cheese, Spicy Salsa*
- P5. Toasted Monte Cristo** *Layers of Turkey Ham, Smoked Turkey, Swiss, Cheddar Cheese Lettuce, Tomato, Honey Mustard*
- P6. Russian** *Roast Beef, Onions, Caramalized Onions, Lettuce, Tomato, Russian Dressing*
- P7. Turkey Club** *Turkey, Bacon, Lettuce, Tomato, Russian Dressing*
- P8. Meatless Panini** *Grilled Veggies, Hummus, Fresh Mozzarella, Plum Tomatoes, Spinach, Olive Oil*

Combination Sandwiches

1.00 Extra on Brioche Roll, Sourdough, Ciabatta, French Roll, or Pumpernickel



Roll
\$9⁹⁵

Hero
\$10⁹⁵



- C1. Hitchcock** Corned Beef, Pastrami, Swiss, Cole Slaw, Russian Dressing
- C2. JFK** Smoked Turkey, Ham, Melted w/Swiss, Lettuce, Tomato, Russian Dressing
- C3. Italiano** Ham, Pepperoni, Salami, Provolone, Lettuce, Tomato, Oil & Vinegar
- C4. Hot Selina** Ham, Cajun Chicken, Lettuce, Tomato, Cheddar Cheese, Mayo on a Roll
- C5. Mel Gibson** Chicken Cutlet, Bacon, Lettuce, Tomato, American Cheese, Mayo on a Roll
- C6. Clintons** Chicken Cutlet w/Fresh Mozzarella, Roasted Veggies on a Roll
- C7. John Wayne** Turkey, Roast Beef, American Cheese, Lettuce, Tomato, Mayo
- C8. Sacco** Hot Pastrami, Hot Corned Beef, Provolone, Lettuce, Tomato, Mayo or Mustard
Bacon or Avocado \$2 Extra

Classic Deli Sandwiches

Served w/Lettuce, Tomato, Mayo & Cheese

Roll
\$7⁹⁵

Hero
\$8⁹⁵

- 1. OvenGold Turkey
- 2. Smoked Turkey
- 3. Ham
- 4. Pepper Turkey
- 5. Roast Beef
- 6. Pastrami
- 7. Corned Beef

Sides



- Mozzarella Sticks 6 pc** **6.99**
- French Fries** . . . **3.99** **Cheese Fries** **4.99**
- Sweet Fries** **5.95**
- Curly Fries** **4.99** w/Cheese **5.99**
- Onion Rings** **4.99**
- Chicken Tenders & Fries** **10.95**
- Buffalo Chicken Wings & Fries** . . . **11.95**
- Mac & Cheese & Fries** **11.95**
- Potato/ Macaroni Salad/ Cole Slaw** . **3.95**



Burgers & Gyros

Deluxe Served w/Fries, Pickle, Lettuce & Tomato

	Burger	Deluxe
Cheeseburger	6.95	10.95
Bacon Cheeseburger	7.95	11.95
Texas Cheeseburger	8.99	12.95
<i>w/BBQ Sauce, Bacon, Pepperjack</i>		
Turkey Cheeseburger	7.95	10.95
Chopped Cheese	8.95	10.95
<i>Served w/Grilled Ground Beef, Lettuce, Tomato, Ketchup</i>		
Lamb/Chicken Gyro	7.95	10.95

Quesadillas

Served w/Salsa & Sour Cream

Chicken Quesadilla <i>w/Grilled Peppers</i> . . .	9.95
<i>Onions, Cheddar Cheese, Jack Cheese</i>	
Steak Quesadilla <i>w/Grilled Peppers</i>	12.95
<i>Onions, Cheddar Cheese, Jack Cheese</i>	
Combo Quesadilla <i>Chicken & Steak</i>	12.95
<i>w/Grilled Peppers, Onions, Cheddar Cheese, Jack Cheese</i>	
Cajun Chicken Quesadilla	10.95
<i>w/Bacon, Grilled Peppers, Onions, Cheddar Cheese, Jack Cheese</i>	
4 Cheese Quesadilla <i>Pepper Jack Cheese</i> .	9.95
<i>Swiss, Fresh Mozzarella, Cheddar Cheese</i>	



Fresh Salads



1. Garden Salad <i>Romaine Lettuce, Tomato</i>	9.95
<i>Carrots, Cucumber, Cranberry, Green Peppers, Olives</i>	
2. Grilled Chicken Caesar Salad	11.95
<i>Romaine, Served Parmesan & Multigrain Croutons, Caesar Dressing</i>	
3. Greek Salad <i>Romaine Lettuce, Feta Cheese</i>	11.95
<i>Grape Leaves, Tomatoes, Olives, Onions, Balsamic Vinegar</i>	
4. Classic Cobb Salad <i>Mixed Greens</i>	11.95
<i>Oven Roasted Turkey, Avocado, Crumbled Blue Cheese, Carrots, Balsamic Vinaigrette</i>	
5. Healthy Tuna Salad <i>Romaine Lettuce, Tuna</i> . .	11.95
<i>Avocado, Chick Peas, Carrots, Light Italian Dressing</i>	
6. Chef Salad <i>Sliced Roast Beef, Ham, Turkey</i> . . .	13.95
<i>Swiss, American Cheese, Sliced Egg, Tomato on Bed of Crispy Lettuce</i>	

Salad Sandwiches

Served w/Lettuce & Tomato



	Roll	Hero
Tuna Salad	7.95	8.95
Egg Salad	6.95	7.95
Chicken Salad	7.95	8.95

1.00 Extra on Brioche Roll, Sourdough, Ciabatta, French Roll, or Pumpernickel

Hot Heroes



- 1. Chicken Parmigiana 9.95**
Breaded Chicken w/Fresh Mozzarella & Tomato Sauce
- 2. Grilled Chicken 9.95**
w/American Cheese, Lettuce, Tomto, Mayo
- 3. Chicken Cutlet 9.95**
w/Cheddar Cheese, Lettuce, Tomto, Mayo
- 4. Grilled Chicken 9.95**
w/Lettuce, Tomato, Mayo
- 5. Chicken Cutlet 9.95**
w/Bacon, Jack Cheese, Jalapenos, Lettuce, Tomto,
- 6. Spicy Chicken 9.95**
*Served w/Breaded Chicken Cutlet, Melted Jack Cheese
Lettuce, Tomato, Ranch*



Hot Heroes

- 7. BBQ Grilled Chicken 9.95**
w/Melted Cheese, Lettuce & Tomato
 - 8. Meatball Parmigiana 9.95**
w/Fresh Mozzarella & Tomato Sauce
 - 9. Philly Steak & Cheese 9.95**
w/Onions, Peppers & American Cheese
 - 10. Chicken Philly 9.95**
w/Onions, Peppers & Cheese
 - 11. Hangover Steak 11.95**
w/Egg, Steak, Onions, Peppers, Home Fries & Cheese
- Bacon or Avocado \$2 Extra*

